

Research Week Special:

Showcasing Engagement in Mental Health and Suicide Prevention



Tuesday 24 September 2019



8.45am - 4.00pm



Room P7-27 Level 7 Playford Building University of South Australia City East Campus

Presented by

Mental Health and Suicide Prevention Research Group, University of South Australia

The Shared Learning in Clinical Practice Philosophy

Shared Learning in Clinical Practice (SLICP) is a policy relevant and service delivery focussed collaboration to promote best practice in mental health and suicide prevention. The strategic purpose of the initiative is to demonstrate through research and practical example, how much consumers, carers, clinicians, policy makers and academic faculty can achieve working together.

Deep discussion, deep connectivity and diffusion of the insights are central to its philosophy. With a nursing focus and multidisciplinary in composition, the aim of each publication, podcast, film, social media communication and symposium is to capture and spread new ideas and know-how in mental health practice and challenge traditional ways of thinking. SLiCP updates are regularly posted on Twitter at @MHResearchUniSA or can be subscribed to by contacting mentalhealth@unisa.edu.au

About the 12th Shared Learning in Clinical Practice Symposium

The 12th Shared Learning in Clinical Practice Symposium is a Research Week special event led UniSA's Mental Health and Suicide Prevention Research Group. The symposium today will feature focussed discussion on *Engagement in Mental Health and Suicide Prevention* in South Australia, taking a 'deeper dive' into how and why collaboration is essential for effective mental health nursing, suicide prevention and education.

Speakers at today's symposium will showcase their work alongside the beliefs of why they work the way they do. Collaboration is at the heart of education and research in mental health nursing and suicide prevention. Participants attending the symposium will also discuss practical ways of working in sustainable collaboration within the sector.

Morning Program

8.45am Registration 9.15am **Welcome and Acknowledgement of Country** Nicholas Procter | Chair: Mental Health Nursing and Leader, Mental Health and Suicide Prevention Research Group, University of South Australia 9.20am **Keynote Address** Jenny Hurley | Chief Nursing and Midwifery Officer, SA Department for Health and Wellbeing 9.45am **Keynote Address. Recovery Camp: Life-Changing Experiences for** Nursing and Health Students and People with Lived Experience of **Mental Illness** Chris Patterson | ACN Nurse of the Year 2019, Lecturer, School of Nursing, University of Wollongong, PhD Candidate, Mental Health and Suicide Prevention Research Group, UniSA 10.15am **UniSA Engagement Framework in Mental Health and Suicide Prevention** Research Dr Mark Loughhead | Lived Experience Senior Research Fellow, Mental Health and Suicide Prevention Research Group, UniSA 10.40am 'Please Talk to Me. Please Include Me. I Want Nurses to Understand'. **Carer Perspectives on Emergency Department Nursing Practices for a Person with Borderline Personality Disorder** Kristy Acres | PhD Candidate, Mental Health and Suicide Prevention Research Group UniSA Judy Burke | Founder, Sanctuary BPD Carers Support Group 11.00am **Morning Tea & Networking** Morning tea and refreshments are provided. 11.20am The Activating Lived Experience Leadership (ALEL) Project Ellie Hodges | Executive Director, Lived Experience Leadership and Advocacy Network Dr Mark Loughhead | Lived Experience Senior Research Fellow, Mental Health and Suicide Prevention Research Group, UniSA

11.40am Participatory Action Research to Evaluate Suicide Prevention Networks in South Australia

Dr Monika Ferguson | Lecturer in Mental Health, University of South Australia

Lee Martinez | Whyalla Suicide Prevention Network and Lecturer: Mental Health, University Department of Rural Health

12.00pm Panel Discussion 1: Creating Effective Research Engagement

Facilitated by A/Prof Rachael Vernon | Head: School of Nursing and Midwifery, University of South Australia

Margie Fahy | Executive Manager, Community Services, UnitingSA

Ellie Hodges | Executive Director, Lived Experience Leadership and Advocacy Network

Julie-Anne Reilly | Nurse Unit Manager, RAH Mental Health Team, Consultation Liaison and Mental Health Short Stay Unit, Royal Adelaide Hospital, Central Adelaide Local Health Network

lan James | Aboriginal Mental Health Advisor, Office of the Chief Psychiatrist, SA Department for Health and Wellbeing

Chris Patterson | ACN Nurse of the Year 2019 and Lecturer, School of Nursing, University of Wollongong, PhD Candidate, Mental Health and Suicide Prevention Research Group, UniSA

12.40pm Lunch & Networking

Lunch and refreshments are provided.

Afternoon Program

1.15pm The Tale of Two Communities of Practice: Mental Health in the Royal Adelaide Hospital Emergency Department/ Short Stay and the South Australian Trauma Informed Practice Committee

Nicholas Procter | Chair: Mental Health Nursing and Leader, Mental Health and Suicide Prevention Research Group, University of South Australia

Julie-Anne Reilly | Nurse Unit Manager, RAH Mental Health Team, Consultation Liaison and Mental Health Short Stay Unit, Royal Adelaide Hospital, Central Adelaide Local Health Network

Del Thomson | Clinical Risk Manager, Office of the Chief Psychiatrist SA Department for Health and Wellbeing

1.45pm Collaboration in Older Person's Mental Health

A/Professor Terri Gibson | Associate Head of School: Academic and Program Director, Postgraduate and International Programs, School of Nursing and Midwifery

Paul Brown | Program Advisory Committee Member, Professional Certificate in Older Person's Mental Health

2.10pm Artist in Residence Project: Rural and Remote Mental Health Inpatient Unit, Glenside Campus

Dr Amy Baker | Lecturer in Occupational Therapy, School of Health Sciences, University of South Australia

David Moseley | Country Health SA Local Health Network

Ashton Boyd | Artist in Residence 2018

Josef Felber | Artist in Residence 2019

2.50pm Afternoon Tea & Networking

Afternoon tea and refreshments are provided.

3.15pm Panel Discussion 2: Ensuring Impact and Sustainability

Facilitated by Professor Annette Huntington | Head of School of Nursing, Massey University

Adj Assoc Professor Vanessa Owen | Executive Director of Nursing and Midwifery, Northern Adelaide Local Health Network

Assoc Professor Terri Gibson | Associate Head of School: Academic and Program Director, Postgraduate and International Programs, School of Nursing and Midwifery

Del Thomson | Clinical Risk Manager, Office of the Chief Psychiatrist SA Department for Health and Wellbeing

David Thompson | Principal Advisor: Suicide Prevention, Office of the Chief Psychiatrist, SA Department for Health and Wellbeing

Bob Clifford | Operations Manager, MATES in Construction South Australia

Jane Ellis | Consumer Consultant, Mental Health Services, UnitingSA

3.50pm Concluding Remarks

Professor Annette Huntington | Head of School of Nursing, Massey University

3.55pm Vote of Thanks and Symposium Close

Nicholas Procter | Chair: Mental Health Nursing and Leader, Mental Health and Suicide Prevention Research Group, University of South Australia

4.00pm Drinks and Networking

Refreshments are provided.

Notes	